

Prayer Guide for Southern California

Islamic Educational Center of Orange County

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- ❖ Sayed Abolghasem Doroudi
- ❖ Zinat Pourkhajeh
- ❖ Sayed Jamoladin Doroudi
- ❖ Seifollah Baghai
- ❖ Sayedeh Bozorg Mirzatabatabai
- ❖ Mansoor Ghaneian
- ❖ Hajj Morteza Ghaissi

About Islamic Educational Center of Orange County (IECOC)

Its origins began in a humble warehouse in Irvine, California. With a vision of a leader, Imam Sayed Moustafa Al-Qazwini and a handful of sincere Muslim individuals the Islamic Educational Center of Orange County (IECOC) first held its religious services to the Muslim community in September 1996.

Being the first mosque in Orange County that ensues the path of Ahlul Bayt, IECOC quickly outgrew its rented facility. With the generous support of the community, IECOC purchased its current facility in 1999.

Today IECOC serves over 3,000 Muslim homes in the counties of Orange and Los Angeles by providing Friday Prayer, Quran study, weekend school, youth events, counseling, interest-free loans, educational and community outreach, Islamic literature, and other services.

Known for its sincere and warm atmosphere, IECOC has become a model for racial harmony and diversity. With a focus on the family, youth, and community the center aspires to provide services that sustain and strengthens one's Islamic faith and identity, and care for humanity.

We have always believed that a mosque is not only a center of worship but also a place for social education and civic engagement. Our objective is to set an Islamic atmosphere by which Muslims can interact with one another and exchange and discuss spiritual, intellectual, and challenging topics, to build bridges with other fellow citizens by conducting interfaith and intrafaith gatherings so that we may work together to make our communities grow stronger with love, respect, and understanding of one another.

Important information about Daylight Saving:

By the Energy Policy Act of 2005, daylight saving time (DST) was extended in the United States beginning in 2007. As of that year, DST began on the second Sunday of March and ended on the first Sunday of November.

The date and time of all clock changes is determined by the week number in March or November, but always happens at 2:00 a.m. on a Sunday.

The following table lists the dates of DST under the current law through 2025:

Year	Date DST Begins	Date DST Ends
2013	March 10	November 03
2014	March 09	November 02
2015	March 08	November 01
2016	March 13	November 06
2017	March 12	November 05
2018	March 11	November 04
2019	March 10	November 03
2020	March 08	November 01
2021	March 14	November 07
2022	March 13	November 06
2023	March 12	November 05
2024	March 10	November 03
2025	March 09	November 02

Prayer Time Minute Adjustments for Southern California Counties

County Name	Fajr	Sunrise	Duhr	Asr	Maghrib	Isha
Los Angeles	2	3	2	1	-1	1
Riverside	-1	0	-2	-2	-4	-2
San Bernardino	-1	0	-2	-3	-4	-3
San Diego	-4	-4	-3	0	-2	-1
Santa Barbara	9	10	8	6	4	7
Ventura	7	8	6	4	3	5

*Please Note, when using the Prayer Timetable in this handbook, if you do not live in Orange County, please find your county in the table above and either add or subtract the minute using the adjustment method provided.

January						
Date	Fajr	Sunrise	Duhr	Asr	Maghrib	Isha
1	5:38	6:54	11:57	2:37	5:12	6:24
2	5:38	6:54	11:57	2:38	5:12	6:25
3	5:39	6:54	11:58	2:39	5:13	6:26
4	5:39	6:54	11:58	2:39	5:14	6:26
5	5:39	6:54	11:59	2:40	5:15	6:27
6	5:39	6:54	11:59	2:41	5:15	6:28
7	5:39	6:54	12:00	2:42	5:16	6:28
8	5:39	6:54	12:00	2:43	5:17	6:29
9	5:39	6:54	12:01	2:43	5:18	6:30
10	5:39	6:54	12:01	2:44	5:19	6:31
11	5:39	6:54	12:01	2:45	5:20	6:32
12	5:39	6:54	12:02	2:46	5:21	6:32
13	5:39	6:54	12:02	2:47	5:22	6:33
14	5:39	6:54	12:02	2:47	5:23	6:34
15	5:39	6:54	12:03	2:48	5:23	6:35
16	5:39	6:53	12:03	2:49	5:24	6:36
17	5:39	6:53	12:03	2:50	5:25	6:36
18	5:39	6:53	12:04	2:51	5:26	6:37
19	5:38	6:52	12:04	2:52	5:27	6:38
20	5:38	6:52	12:04	2:53	5:28	6:39
21	5:38	6:52	12:05	2:53	5:29	6:40
22	5:37	6:51	12:05	2:54	5:30	6:41
23	5:37	6:51	12:05	2:55	5:31	6:41
24	5:37	6:50	12:05	2:56	5:32	6:42
25	5:36	6:50	12:06	2:57	5:33	6:43
26	5:36	6:49	12:06	2:58	5:34	6:44
27	5:36	6:49	12:06	2:58	5:35	6:45
28	5:35	6:48	12:06	2:59	5:36	6:46
29	5:35	6:47	12:06	3:00	5:37	6:46
30	5:34	6:47	12:07	3:01	5:38	6:47
31	5:33	6:46	12:07	3:02	5:39	6:48

February						
Date	Fajr	Sunrise	Duhr	Asr	Maghrib	Isha
1	5:33	6:45	12:07	3:03	5:40	6:49
2	5:32	6:45	12:07	3:03	5:41	6:50
3	5:32	6:44	12:07	3:04	5:42	6:51
4	5:31	6:43	12:07	3:05	5:43	6:51
5	5:30	6:42	12:07	3:06	5:44	6:52
6	5:30	6:42	12:07	3:06	5:45	6:53
7	5:29	6:41	12:07	3:07	5:46	6:54
8	5:28	6:40	12:07	3:08	5:47	6:55
9	5:27	6:39	12:07	3:09	5:47	6:56
10	5:26	6:38	12:07	3:09	5:48	6:56
11	5:26	6:37	12:07	3:10	5:49	6:57
12	5:25	6:36	12:07	3:11	5:50	6:58
13	5:24	6:35	12:07	3:11	5:51	6:59
14	5:23	6:34	12:07	3:12	5:52	7:00
15	5:22	6:33	12:07	3:13	5:53	7:01
16	5:21	6:32	12:07	3:13	5:54	7:01
17	5:20	6:31	12:07	3:14	5:55	7:02
18	5:19	6:30	12:07	3:15	5:56	7:03
19	5:18	6:29	12:07	3:15	5:57	7:04
20	5:17	6:28	12:07	3:16	5:57	7:05
21	5:16	6:27	12:07	3:16	5:58	7:05
22	5:15	6:26	12:07	3:17	5:59	7:06
23	5:14	6:25	12:06	3:18	6:00	7:07
24	5:13	6:23	12:06	3:18	6:01	7:08
25	5:12	6:22	12:06	3:19	6:02	7:09
26	5:11	6:21	12:06	3:19	6:03	7:09
27	5:09	6:20	12:06	3:20	6:03	7:10
28	5:08	6:19	12:06	3:20	6:04	7:11

March						
Date	Fajr	Sunrise	Duhr	Asr	Maghrib	Isha
1	5:07	6:17	12:05	3:21	6:05	7:12
2	5:06	6:16	12:05	3:21	6:06	7:13
3	5:05	6:15	12:05	3:21	6:07	7:13
4	5:03	6:14	12:05	3:22	6:08	7:14
5	5:02	6:12	12:05	3:22	6:08	7:15
6	5:01	6:11	12:04	3:23	6:09	7:16
7	5:00	6:10	12:04	3:23	6:10	7:17
8	4:58	6:09	12:04	3:24	6:11	7:17
9	4:57	6:07	12:04	3:24	6:12	7:18
10	5:56	7:06	1:03	4:24	7:12	8:19
11	5:54	7:05	1:03	4:25	7:13	8:20
12	5:53	7:03	1:03	4:25	7:14	8:21
13	5:52	7:02	1:03	4:25	7:15	8:22
14	5:50	7:01	1:02	4:26	7:15	8:22
15	5:49	6:59	1:02	4:26	7:16	8:23
16	5:48	6:58	1:02	4:26	7:17	8:24
17	5:46	6:57	1:01	4:26	7:18	8:25
18	5:45	6:55	1:01	4:27	7:19	8:26
19	5:44	6:54	1:01	4:27	7:19	8:27
20	5:42	6:53	1:01	4:27	7:20	8:27
21	5:41	6:51	1:00	4:27	7:21	8:28
22	5:39	6:50	1:00	4:28	7:22	8:29
23	5:38	6:49	1:00	4:28	7:22	8:30
24	5:36	6:47	12:59	4:28	7:23	8:31
25	5:35	6:46	12:59	4:28	7:24	8:32
26	5:34	6:45	12:59	4:29	7:25	8:33
27	5:32	6:43	12:58	4:29	7:25	8:33
28	5:31	6:42	12:58	4:29	7:26	8:34
29	5:29	6:41	12:58	4:29	7:27	8:35
30	5:28	6:39	12:57	4:29	7:28	8:36
31	5:26	6:38	12:57	4:29	7:28	8:37

DST starts second Sunday of March.

Please note that the prayer times must be adjusted according to the Daylight Saving Year, see precise year date on page 8.

April						
Date	Fajr	Sunrise	Duhr	Asr	Maghrib	Isha
1	5:25	6:37	12:57	4:30	7:29	8:38
2	5:23	6:35	12:57	4:30	7:30	8:39
3	5:22	6:34	12:56	4:30	7:31	8:40
4	5:21	6:33	12:56	4:30	7:31	8:41
5	5:19	6:31	12:56	4:30	7:32	8:42
6	5:18	6:30	12:55	4:30	7:33	8:42
7	5:16	6:29	12:55	4:30	7:34	8:43
8	5:15	6:27	12:55	4:30	7:34	8:44
9	5:13	6:26	12:55	4:30	7:35	8:45
10	5:12	6:25	12:54	4:31	7:36	8:46
11	5:10	6:23	12:54	4:31	7:37	8:47
12	5:09	6:22	12:54	4:31	7:37	8:48
13	5:07	6:21	12:54	4:31	7:38	8:49
14	5:06	6:20	12:53	4:31	7:39	8:50
15	5:05	6:18	12:53	4:31	7:40	8:51
16	5:03	6:17	12:53	4:31	7:40	8:52
17	5:02	6:16	12:53	4:31	7:41	8:53
18	5:00	6:15	12:52	4:31	7:42	8:54
19	4:59	6:14	12:52	4:31	7:43	8:55
20	4:58	6:12	12:52	4:31	7:43	8:56
21	4:56	6:11	12:52	4:31	7:44	8:57
22	4:55	6:10	12:52	4:31	7:45	8:58
23	4:53	6:09	12:51	4:31	7:46	8:59
24	4:52	6:08	12:51	4:31	7:46	9:01
25	4:51	6:07	12:51	4:31	7:47	9:02
26	4:49	6:06	12:51	4:32	7:48	9:03
27	4:48	6:04	12:51	4:32	7:49	9:04
28	4:47	6:03	12:51	4:32	7:49	9:05
29	4:45	6:02	12:50	4:32	7:50	9:06
30	4:44	6:01	12:50	4:32	7:51	9:07

May						
Date	Fajr	Sunrise	Duhr	Asr	Maghrib	Isha
1	4:43	6:00	12:50	4:32	7:52	9:08
2	4:42	5:59	12:50	4:32	7:53	9:09
3	4:40	5:58	12:50	4:32	7:53	9:10
4	4:39	5:57	12:50	4:32	7:54	9:11
5	4:38	5:56	12:50	4:32	7:55	9:12
6	4:37	5:56	12:50	4:32	7:56	9:13
7	4:36	5:55	12:50	4:32	7:56	9:15
8	4:35	5:54	12:50	4:32	7:57	9:16
9	4:33	5:53	12:50	4:32	7:58	9:17
10	4:32	5:52	12:50	4:32	7:59	9:18
11	4:31	5:51	12:50	4:32	7:59	9:19
12	4:30	5:50	12:49	4:32	8:00	9:20
13	4:29	5:50	12:49	4:32	8:01	9:21
14	4:28	5:49	12:49	4:33	8:02	9:22
15	4:27	5:48	12:50	4:33	8:02	9:23
16	4:26	5:48	12:50	4:33	8:03	9:24
17	4:25	5:47	12:50	4:33	8:04	9:25
18	4:24	5:46	12:50	4:33	8:05	9:26
19	4:24	5:46	12:50	4:33	8:05	9:27
20	4:23	5:45	12:50	4:33	8:06	9:28
21	4:22	5:44	12:50	4:33	8:07	9:29
22	4:21	5:44	12:50	4:33	8:08	9:30
23	4:20	5:43	12:50	4:33	8:08	9:31
24	4:20	5:43	12:50	4:34	8:09	9:32
25	4:19	5:42	12:50	4:34	8:10	9:33
26	4:18	5:42	12:50	4:34	8:10	9:34
27	4:17	5:41	12:50	4:34	8:11	9:35
28	4:17	5:41	12:50	4:34	8:12	9:36
29	4:16	5:41	12:51	4:34	8:12	9:37
30	4:16	5:40	12:51	4:34	8:13	9:38
31	4:15	5:40	12:51	4:35	8:13	9:39

June						
Date	Fajr	Sunrise	Duhr	Asr	Maghrib	Isha
1	4:15	5:40	12:51	4:35	8:14	9:40
2	4:14	5:39	12:51	4:35	8:15	9:40
3	4:14	5:39	12:51	4:35	8:15	9:41
4	4:13	5:39	12:52	4:35	8:16	9:42
5	4:13	5:39	12:52	4:35	8:16	9:43
6	4:13	5:39	12:52	4:36	8:17	9:43
7	4:12	5:38	12:52	4:36	8:17	9:44
8	4:12	5:38	12:52	4:36	8:18	9:45
9	4:12	5:38	12:52	4:36	8:18	9:45
10	4:12	5:38	12:53	4:36	8:19	9:46
11	4:12	5:38	12:53	4:37	8:19	9:46
12	4:12	5:38	12:53	4:37	8:19	9:47
13	4:12	5:38	12:53	4:37	8:20	9:47
14	4:11	5:38	12:54	4:37	8:20	9:48
15	4:11	5:38	12:54	4:37	8:21	9:48
16	4:12	5:38	12:54	4:38	8:21	9:49
17	4:12	5:39	12:54	4:38	8:21	9:49
18	4:12	5:39	12:54	4:38	8:21	9:49
19	4:12	5:39	12:55	4:38	8:22	9:50
20	4:12	5:39	12:55	4:38	8:22	9:50
21	4:12	5:39	12:55	4:39	8:22	9:50
22	4:12	5:39	12:55	4:39	8:22	9:50
23	4:13	5:40	12:55	4:39	8:22	9:50
24	4:13	5:40	12:56	4:39	8:23	9:50
25	4:13	5:40	12:56	4:39	8:23	9:51
26	4:14	5:41	12:56	4:40	8:23	9:51
27	4:14	5:41	12:56	4:40	8:23	9:50
28	4:15	5:41	12:57	4:40	8:23	9:50
29	4:15	5:42	12:57	4:40	8:23	9:50
30	4:16	5:42	12:57	4:40	8:23	9:50

July						
Date	Fajr	Sunrise	Duhr	Asr	Maghrib	Isha
1	4:16	5:43	12:57	4:41	8:23	9:50
2	4:17	5:43	12:57	4:41	8:23	9:50
3	4:17	5:43	12:57	4:41	8:23	9:49
4	4:18	5:44	12:58	4:41	8:22	9:49
5	4:18	5:44	12:58	4:41	8:22	9:49
6	4:19	5:45	12:58	4:41	8:22	9:48
7	4:20	5:45	12:58	4:42	8:22	9:48
8	4:20	5:46	12:58	4:42	8:22	9:48
9	4:21	5:46	12:58	4:42	8:21	9:47
10	4:22	5:47	12:59	4:42	8:21	9:47
11	4:23	5:48	12:59	4:42	8:21	9:46
12	4:23	5:48	12:59	4:42	8:20	9:45
13	4:24	5:49	12:59	4:42	8:20	9:45
14	4:25	5:49	12:59	4:42	8:20	9:44
15	4:26	5:50	12:59	4:42	8:19	9:43
16	4:27	5:51	12:59	4:43	8:19	9:43
17	4:28	5:51	12:59	4:43	8:18	9:42
18	4:28	5:52	12:59	4:43	8:18	9:41
19	4:29	5:53	12:59	4:43	8:17	9:40
20	4:30	5:53	1:00	4:43	8:17	9:39
21	4:31	5:54	1:00	4:43	8:16	9:39
22	4:32	5:55	1:00	4:43	8:16	9:38
23	4:33	5:55	1:00	4:43	8:15	9:37
24	4:34	5:56	1:00	4:43	8:14	9:36
25	4:35	5:57	1:00	4:42	8:14	9:35
26	4:36	5:57	1:00	4:42	8:13	9:34
27	4:37	5:58	1:00	4:42	8:12	9:33
28	4:38	5:59	1:00	4:42	8:11	9:31
29	4:39	5:59	1:00	4:42	8:11	9:30
30	4:40	6:00	1:00	4:42	8:10	9:29
31	4:41	6:01	1:00	4:42	8:09	9:28

August						
Date	Fajr	Sunrise	Duhr	Asr	Maghrib	Isha
1	4:42	6:02	12:59	4:42	8:08	9:27
2	4:43	6:02	12:59	4:41	8:07	9:26
3	4:44	6:03	12:59	4:41	8:06	9:25
4	4:45	6:04	12:59	4:41	8:05	9:23
5	4:46	6:04	12:59	4:41	8:05	9:22
6	4:46	6:05	12:59	4:41	8:04	9:21
7	4:47	6:06	12:59	4:40	8:03	9:19
8	4:48	6:07	12:59	4:40	8:02	9:18
9	4:49	6:07	12:59	4:40	8:01	9:17
10	4:50	6:08	12:58	4:39	8:00	9:16
11	4:51	6:09	12:58	4:39	7:59	9:14
12	4:52	6:09	12:58	4:39	7:57	9:13
13	4:53	6:10	12:58	4:38	7:56	9:11
14	4:54	6:11	12:58	4:38	7:55	9:10
15	4:55	6:12	12:58	4:38	7:54	9:09
16	4:56	6:12	12:57	4:37	7:53	9:07
17	4:57	6:13	12:57	4:37	7:52	9:06
18	4:58	6:14	12:57	4:36	7:51	9:04
19	4:59	6:14	12:57	4:36	7:50	9:03
20	5:00	6:15	12:56	4:35	7:48	9:01
21	5:01	6:16	12:56	4:35	7:47	9:00
22	5:02	6:17	12:56	4:34	7:46	8:58
23	5:03	6:17	12:56	4:34	7:45	8:57
24	5:03	6:18	12:55	4:33	7:44	8:55
25	5:04	6:19	12:55	4:33	7:42	8:54
26	5:05	6:19	12:55	4:32	7:41	8:52
27	5:06	6:20	12:55	4:31	7:40	8:51
28	5:07	6:21	12:54	4:31	7:38	8:49
29	5:08	6:21	12:54	4:30	7:37	8:48
30	5:09	6:22	12:54	4:30	7:36	8:46
31	5:10	6:23	12:53	4:29	7:35	8:45

September						
Date	Fajr	Sunrise	Duhr	Asr	Maghrib	Isha
1	5:10	6:23	12:53	4:28	7:33	8:43
2	5:11	6:24	12:53	4:28	7:32	8:42
3	5:12	6:25	12:52	4:27	7:31	8:40
4	5:13	6:26	12:52	4:26	7:29	8:39
5	5:14	6:26	12:52	4:25	7:28	8:37
6	5:15	6:27	12:51	4:25	7:26	8:36
7	5:15	6:28	12:51	4:24	7:25	8:34
8	5:16	6:28	12:51	4:23	7:24	8:33
9	5:17	6:29	12:50	4:22	7:22	8:31
10	5:18	6:30	12:50	4:22	7:21	8:30
11	5:19	6:30	12:50	4:21	7:20	8:28
12	5:19	6:31	12:49	4:20	7:18	8:27
13	5:20	6:32	12:49	4:19	7:17	8:25
14	5:21	6:32	12:49	4:18	7:15	8:23
15	5:22	6:33	12:48	4:17	7:14	8:22
16	5:23	6:34	12:48	4:17	7:13	8:20
17	5:23	6:34	12:47	4:16	7:11	8:19
18	5:24	6:35	12:47	4:15	7:10	8:17
19	5:25	6:36	12:47	4:14	7:09	8:16
20	5:26	6:36	12:46	4:13	7:07	8:14
21	5:26	6:37	12:46	4:12	7:06	8:13
22	5:27	6:38	12:46	4:11	7:04	8:12
23	5:28	6:38	12:45	4:10	7:03	8:10
24	5:29	6:39	12:45	4:10	7:02	8:09
25	5:29	6:40	12:45	4:09	7:00	8:07
26	5:30	6:41	12:44	4:08	6:59	8:06
27	5:31	6:41	12:44	4:07	6:57	8:04
28	5:32	6:42	12:44	4:06	6:56	8:03
29	5:32	6:43	12:43	4:05	6:55	8:01
30	5:33	6:43	12:43	4:04	6:53	8:00

October						
Date	Fajr	Sunrise	Duhr	Asr	Maghrib	Isha
1	5:34	6:44	12:43	4:03	6:52	7:59
2	5:34	6:45	12:42	4:02	6:51	7:57
3	5:35	6:45	12:42	4:01	6:49	7:56
4	5:36	6:46	12:42	4:00	6:48	7:55
5	5:37	6:47	12:41	3:59	6:47	7:53
6	5:37	6:48	12:41	3:59	6:45	7:52
7	5:38	6:48	12:41	3:58	6:44	7:51
8	5:39	6:49	12:41	3:57	6:43	7:49
9	5:40	6:50	12:40	3:56	6:41	7:48
10	5:40	6:51	12:40	3:55	6:40	7:47
11	5:41	6:51	12:40	3:54	6:39	7:46
12	5:42	6:52	12:40	3:53	6:38	7:44
13	5:42	6:53	12:39	3:52	6:36	7:43
14	5:43	6:54	12:39	3:51	6:35	7:42
15	5:44	6:54	12:39	3:50	6:34	7:41
16	5:45	6:55	12:39	3:49	6:33	7:40
17	5:45	6:56	12:38	3:49	6:32	7:38
18	5:46	6:57	12:38	3:48	6:30	7:37
19	5:47	6:58	12:38	3:47	6:29	7:36
20	5:48	6:58	12:38	3:46	6:28	7:35
21	5:48	6:59	12:38	3:45	6:27	7:34
22	5:49	7:00	12:38	3:44	6:26	7:33
23	5:50	7:01	12:37	3:43	6:25	7:32
24	5:51	7:02	12:37	3:43	6:24	7:31
25	5:51	7:03	12:37	3:42	6:23	7:30
26	5:52	7:03	12:37	3:41	6:22	7:29
27	5:53	7:04	12:37	3:40	6:21	7:28
28	5:54	7:05	12:37	3:39	6:20	7:27
29	5:54	7:06	12:37	3:39	6:19	7:26
30	5:55	7:07	12:37	3:38	6:18	7:26
31	5:56	7:08	12:37	3:37	6:17	7:25

November						
Date	Fajr	Sunrise	Duhr	Asr	Maghrib	Isha
1	5:57	7:09	12:37	3:36	6:16	7:24
2	5:58	7:10	12:37	3:36	6:15	7:23
3	4:58	6:10	11:37	2:35	5:14	6:22
4	4:59	6:11	11:37	2:34	5:13	6:22
5	5:00	6:12	11:37	2:34	5:12	6:21
6	5:01	6:13	11:37	2:33	5:11	6:20
7	5:02	6:14	11:37	2:33	5:11	6:20
8	5:02	6:15	11:37	2:32	5:10	6:19
9	5:03	6:16	11:37	2:31	5:09	6:18
10	5:04	6:17	11:37	2:31	5:08	6:18
11	5:05	6:18	11:37	2:30	5:08	6:17
12	5:06	6:19	11:37	2:30	5:07	6:17
13	5:06	6:20	11:38	2:29	5:06	6:16
14	5:07	6:20	11:38	2:29	5:06	6:16
15	5:08	6:21	11:38	2:28	5:05	6:15
16	5:09	6:22	11:38	2:28	5:05	6:15
17	5:10	6:23	11:38	2:28	5:04	6:14
18	5:10	6:24	11:38	2:27	5:04	6:14
19	5:11	6:25	11:39	2:27	5:03	6:14
20	5:12	6:26	11:39	2:27	5:03	6:13
21	5:13	6:27	11:39	2:26	5:02	6:13
22	5:14	6:28	11:39	2:26	5:02	6:13
23	5:15	6:29	11:40	2:26	5:02	6:13
24	5:15	6:30	11:40	2:26	5:01	6:12
25	5:16	6:31	11:40	2:25	5:01	6:12
26	5:17	6:31	11:41	2:25	5:01	6:12
27	5:18	6:32	11:41	2:25	5:01	6:12
28	5:18	6:33	11:41	2:25	5:00	6:12
29	5:19	6:34	11:42	2:25	5:00	6:12
30	5:20	6:35	11:42	2:25	5:00	6:12

DST ends first Sunday of November

Please note that the prayer times must be adjusted according to the Daylight Saving Year, see precise year date on page 8.

December						
Date	Fajr	Sunrise	Duhr	Asr	Maghrib	Isha
1	5:21	6:36	11:42	2:25	5:00	6:12
2	5:22	6:37	11:43	2:25	5:00	6:12
3	5:22	6:38	11:43	2:25	5:00	6:12
4	5:23	6:38	11:44	2:25	5:00	6:12
5	5:24	6:39	11:44	2:25	5:00	6:12
6	5:25	6:40	11:44	2:25	5:00	6:12
7	5:25	6:41	11:45	2:25	5:00	6:12
8	5:26	6:42	11:45	2:25	5:00	6:13
9	5:27	6:42	11:46	2:26	5:00	6:13
10	5:27	6:43	11:46	2:26	5:00	6:13
11	5:28	6:44	11:47	2:26	5:01	6:13
12	5:29	6:44	11:47	2:26	5:01	6:14
13	5:29	6:45	11:48	2:27	5:01	6:14
14	5:30	6:46	11:48	2:27	5:01	6:14
15	5:31	6:46	11:49	2:27	5:02	6:15
16	5:31	6:47	11:49	2:28	5:02	6:15
17	5:32	6:48	11:50	2:28	5:03	6:15
18	5:32	6:48	11:50	2:29	5:03	6:16
19	5:33	6:49	11:51	2:29	5:03	6:16
20	5:33	6:49	11:51	2:30	5:04	6:17
21	5:34	6:50	11:52	2:30	5:04	6:17
22	5:34	6:50	11:52	2:31	5:05	6:18
23	5:35	6:51	11:53	2:31	5:05	6:18
24	5:35	6:51	11:53	2:32	5:06	6:19
25	5:36	6:52	11:54	2:32	5:07	6:19
26	5:36	6:52	11:54	2:33	5:07	6:20
27	5:37	6:52	11:54	2:34	5:08	6:21
28	5:37	6:53	11:55	2:34	5:08	6:21
29	5:37	6:53	11:55	2:35	5:09	6:22
30	5:38	6:53	11:56	2:36	5:10	6:23
31	5:38	6:54	11:56	2:36	5:11	6:23

التعقيبات

SUPPLICATION

تعقيب صلاة الفجر:

بِسْمِ اللَّهِ وَصَلَّى اللَّهُ عَلَى مُحَمَّدٍ وَآلِهِ وَأَفْوَضُ أَمْرِي إِلَى اللَّهِ إِنَّ اللَّهَ بَصِيرٌ
بِالْعِبَادِ، فَوَقَاهُ اللَّهُ سَيِّئَاتٍ مَا مَكَرُوا. "لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ
مِنَ الظَّالِمِينَ. فَاسْتَجَبْنَا لَهُ وَنَجَّيْنَاهُ مِنَ الْعَمِّ وَكَذَلِكَ نُنْجِي الْمُؤْمِنِينَ."
حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ. فَانْقَلَبُوا بِنِعْمَةٍ مِنَ اللَّهِ وَفَضْلٍ لَمْ يَمَسَّهْمُ سُوءٌ
مَا شَاءَ اللَّهُ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ، مَا شَاءَ اللَّهُ لَا مَا شَاءَ النَّاسُ، مَا شَاءَ
اللَّهُ وَإِنْ كَرِهَ النَّاسُ حَسْبِيَ الرَّبُّ مِنَ الْمَرْبُوبِينَ، حَسْبِيَ الْخَالِقُ مِنَ
الْمَخْلُوقِينَ، حَسْبِيَ الرَّازِقُ مِنَ الْمَرْزُوقِينَ، حَسْبِيَ اللَّهُ رَبُّ الْعَالَمِينَ،
حَسْبِيَ مَنْ هُوَ حَسْبِي، حَسْبِيَ مَنْ لَمْ يَزَلْ حَسْبِي، حَسْبِيَ مَنْ كَانَ مُدُّ
كُنْتُ لَمْ يَزَلْ حَسْبِي، حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ، عَلَيْهِ تَوَكَّلْتُ، وَهُوَ رَبُّ
الْعَرْشِ الْعَظِيمِ

أعيد نفسي وديني وأهلي ومالي وولدي وإخواني في ديني ، ومارزقني
ربي ، وخواتيم عملي ، ومن يعنيني أمره ، بالله الواحد الأحد الصمد
الذي لم يلد ولم يولد ولم يكن له كفوا أحد ، وبرب الفلق من شر ما خلق ،
ومن شر غاسق إذا وقب ، ومن شر النفاثات في العقد ، و من شر
حاسد إذا حسد ، وبرب الناس ملك الناس إله الناس ، من شر الوسواس
الخناس الذي يوسوس في صدور الناس من الجنة والناس.

Fajr Supplication:

In the name of Allah, the most Gracious, the most Merciful.

May His peace be upon Muhammad (pbuh&hf) and his family.

I delegate my affairs unto Allah; verily Allah is all-aware of His creatures. Thus, Allah averted the evil consequences of what they had planned from him.

“There is no god but You, glory be to You; I have certainly wronged myself.”

We then answered his prayer and saved him from his grief; thus, We save the faithful ones.

Sufficient for us is Allah, the best guardian. They returned with the favors and bounties of God untouched by evil. Whatever Allah wishes becomes; there is no might and no force except by Allah’s will.

Only that which Allah wills shall come to pass, not that which people will. Only that which Allah wills shall come to pass, even if people detest it.

Sufficient for me is the Lord against the subjects.

Sufficient for me is the Creator against the creatures.

Sufficient for me is the Sustainer against the sustained.

Sufficient for me is Allah, the Lord of the worlds.

Sufficient for me is He Who is sufficient for me.

Sufficient for me is He Who has always been sufficient for me.

Sufficient for me is He Who has eternally been – and continues to be – sufficient for me.

Allah suffices me. There is no god but Him. In Him have I put my trust, He is the Lord of the Glorious Throne.

I seek refuge in Allah – the only God – from the evil over myself, my faith, my family, my wealth, my children, my brethren in faith, whatever provision Allah has given me, all of my deeds, and whoever concerns me.

(I seek refuge in) The Absolute; He Whom neither begets nor was begotten; and He Whom there is no one equal to Him; and by the Lord of the dawn; against the evil of whatever He has created; and against the evil of the invading darkness; against the evil of those who practice witchcraft; and against the evil of the envious ones;

And (I seek refuge) in the Cherisher of mankind; the King of mankind; the Lord of mankind; against the evil Satan, who induces temptations into the hearts of mankind; and of (the evil) jinn and human beings.

تعقيب صلاة الظهر:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

لَا إِلَهَ إِلَّا اللَّهُ الْعَظِيمُ الْحَلِيمُ، لَا إِلَهَ إِلَّا اللَّهُ رَبُّ الْعَرْشِ الْكَرِيمِ، الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ.

اللَّهُمَّ إِنِّي أَسْأَلُكَ مُوجِبَاتِ رَحْمَتِكَ وَعَزَائِمَ مَغْفِرَتِكَ، وَالْغَنِيمَةَ مِنْ كُلِّ بَرٍّ، وَالسَّلَامَةَ مِنْ كُلِّ إِثْمٍ.

اللَّهُمَّ لَا تَدْعَ لِي ذَنْباً إِلَّا غَفَرْتَهُ، وَلَا هَمّاً إِلَّا فَرَجْتَهُ، وَلَا سُقْمًا إِلَّا شَفَيْتَهُ، وَلَا عَيْباً إِلَّا سَتَرْتَهُ، وَلَا رِزْقاً إِلَّا بَسَطْتَهُ، وَلَا خَوْفاً إِلَّا أَمَنْتَهُ، وَلَا سُوءاً إِلَّا صَرَفْتَهُ، وَلَا حَاجَةً هِيَ لَكَ رِضاً وَليَ فِيهَا صَلَاحٌ إِلَّا قَضَيْتَهَا؛ يَا أَرْحَمَ الرَّاحِمِينَ آمِينَ رَبَّ الْعَالَمِينَ.

بِاللَّهِ اعْتَصِمْتُ وَبِاللَّهِ أَثِقُ وَعَلَى اللَّهِ أَتَوَكَّلُ.

اللَّهُمَّ إِنْ عَظُمَتْ ذُنُوبِي فَأَنْتَ أَعْظَمُ، وَإِنْ كَبُرَ تَفْرِيطِي فَأَنْتَ أَكْبَرُ، وَإِنْ دَامَ بُخْلِي فَأَنْتَ أَجْوَدُ. اللَّهُمَّ اغْفِرْ لِي عَظِيمَ ذُنُوبِي بِعَظِيمِ عَفْوِكَ، وَكَثِيرَ تَفْرِيطِي بِظَاهِرِ كَرَمِكَ، وَاقْمَعْ بُخْلِي بِفَضْلِ جُودِكَ.

اللَّهُمَّ مَا بَنَا مِنْ نِعْمَةٍ فَمِنْكَ لَا إِلَهَ إِلَّا أَنْتَ اسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ.

Duhr Supplication:

In the name of Allah, the most Gracious, the most Merciful.

O Allah send Your blessings upon Muhammad (pbuh&hf) and his family.

There is no god but Allah, the Great, the most Forbearing. There is no god but Allah, the Lord of the Glorious Throne. All praise is due to Allah, the Lord of the worlds.

O Allah! I ask You for the motives of Your mercy, that which ascertains Your forgiveness, the benefit of every virtue, and safety from every sin.

O Allah! Leave not any sin on me but that You forgive it, any affliction but that You remove it, any illness but that You heal it, any defect but that You conceal it, any subsistence but that You increase it, any fear but that You protect (me) from it, any evil but that You repel it, and any of my needs – which is deserving of Your pleasure and which is beneficial for me – but that You grant it.

O most Merciful, grant me my supplication, O Lord of the worlds. I seek protection with Allah, I trust in Allah, and I rely upon Allah.

O Allah! If my sins are enormous, then surely You are more tremendous;
If my transgressions have exceeded all limits, then surely You are greater;
If my stinginess has perpetuated, then surely You are more generous.

O Allah! Forgive my enormous sins with Your tremendous pardon;
Forgive my increasing transgression with Your obvious generosity; And impede my stinginess with the virtue of Your magnanimity.

O Allah! You are certainly the source of each and every favor bestowed upon us.

There is no god but You; I seek Your forgiveness and I repent before You.

تعقيب صلاة العصر:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ
أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ الرَّحْمَنُ الرَّحِيمُ ذُو الْجَلَالِ
وَ الْإِكْرَامِ، وَأَسْأَلُهُ أَنْ يَتُوبَ عَلَيَّ تَوْبَةً عَبْدٍ ذَلِيلٍ خَاضِعٍ فَقِيرٍ بَائِسٍ
مُسْكِينٍ مُسْتَكِينٍ مُسْتَجِيرٍ، لَا يَمْلِكُ لِنَفْسِهِ نَفْعًا وَلَا ضَرًّا وَلَا مَوْتًا وَلَا حَيَاةً
وَلَا نُشُورًا.

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ نَفْسٍ لَا تَشْبَعُ، وَمِنْ قَلْبٍ لَا يَخْشَعُ، وَمِنْ عِلْمٍ لَا
يَنْفَعُ، وَمِنْ صَلَاةٍ لَا تَرْفَعُ، وَمِنْ دُعَاءٍ لَا يُسْمَعُ.
اللَّهُمَّ إِنِّي أَسْأَلُكَ الْيُسْرَ بَعْدَ الْعُسْرِ وَالْفَرَجَ بَعْدَ الْكُرْبِ
وَالرَّخَاءَ بَعْدَ الشَّدَّةِ .
اللَّهُمَّ مَا بَنَا مِنْ نِعْمَةٍ فَمِنْكَ لَا إِلَهَ إِلَّا أَنْتَ اسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ.

Asr Supplication:

In the name of Allah, the most Gracious, the most Merciful.

O Allah send Your blessings upon Muhammad (pbuh&hf) and his family.

I ask forgiveness from Allah, the only Lord, the Everlasting and the Guardian of life, the Beneficent, the Merciful, the Owner of Majesty and Honor.

I beseech Him to accept my repentance – the repentance of an insignificant, submissive, destitute, needy, worried, and helpless servant seeking protection; (a servant) who is on his own, who can neither win nor lose, nor die, nor live, nor come to life again.

O Allah! I seek Your protection against a self that is never satisfied, a heart that does not feel remorse and humility, knowledge that does not avail, a prayer that is not accepted, and a supplication that is not answered.

O Allah! I beseech You for easiness after difficulty, relief after misfortune, and comfort after hardship.

O Allah! You are certainly the source of each and every favor that is bestowed upon us; There is no god but You; I seek Your forgiveness and I repent before You.

تعقيب صلاة المغرب:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ
وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ. الْحَمْدُ لِلَّهِ الَّذِي يَفْعَلُ مَا يَشَاءُ
وَلَا يَفْعَلُ مَا يَشَاءُ غَيْرُهُ. سُبْحَانَكَ لَا إِلَهَ إِلَّا أَنْتَ إِغْفِرْ لِي ذُنُوبِي كُلَّهَا
جَمِيعاً فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ كُلَّهَا جَمِيعاً إِلَّا أَنْتَ.
اللَّهُمَّ إِنِّي أَسْأَلُكَ مُوجِبَاتِ رَحْمَتِكَ وَعَزَائِمَ مَغْفِرَتِكَ وَالنَّجَاةَ مِنَ النَّارِ وَمِنْ
كُلِّ بَلِيَّةٍ وَالْفَوْزَ بِالْجَنَّةِ وَالرِّضْوَانَ فِي دَارِ السَّلَامِ وَجَوَارِ نَبِيِّكَ مُحَمَّدٍ
عَلَيْهِ وَآلِهِ السَّلَامُ.
اللَّهُمَّ مَا بَنَا مِنْ نِعْمَةٍ فَمِنْكَ لَا إِلَهَ إِلَّا أَنْتَ اسْتَغْفِرُكَ وَ أَتُوبُ إِلَيْكَ.

Maghrib Supplication:

In the name of Allah, the most Gracious, the most Merciful.

O Allah send Your blessings upon Muhammad (pbuh&hf) and his family.

There is no might and no force except with Allah, the All-High, the All-Great.

All praise is due to Allah, Who does whatever He desires; None but He can do whatever he desires. All glory be to You; There is no god but You. Forgive all of my sins, for none can forgive all sins but You.

O Allah! I ask You for the motives of Your mercy, that which ascertains Your forgiveness, salvation from (Hell) Fire and every calamity, achievement of Paradise and (Your) pleasure in the abode of peace, and the vicinity of Your Prophet Muhammad and his (purified) Progeny peace be upon all of them.

O Allah! Whatever bounties we possess originate from You; There is no god but You; I beseech Your forgiveness and repent before You.

تعقيب صلاة العشاء:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

اللَّهُمَّ إِنَّهُ لَيْسَ لِي عِلْمٌ بِمَوْضِعِ رِزْقِي وَإِنَّمَا أَطْلُبُهُ بِخَطَرَاتٍ تَخْطُرُ عَلَى قَلْبِي، فَأَجُولُ فِي طَلْبِهِ الْبُلْدَانَ، فَأَنَا فِيهَا أَنَا طَالِبٌ كَالْحَيْرَانِ، لَا أُدْرِي

أَفِي سَهْلٍ هُوَ أَمْ فِي جَبَلٍ، أَمْ فِي أَرْضٍ، أَمْ فِي سَمَاءٍ، أَمْ فِي بَرٍّ أَمْ فِي بَحْرٍ؟ وَعَلَى يَدَيَّ مَنْ، وَمِنْ قَبْلِ مَنْ؟ وَقَدْ عَلِمْتُ أَنَّ عِلْمَهُ عِنْدَكَ

وَأَسْبَابَهُ بِيَدِكَ، وَأَنْتَ الَّذِي تَقْسِمُهُ بِالطُّفَاكِ، وَتُسَبِّبُهُ بِرَحْمَتِكَ.

اللَّهُمَّ فَصَلِّ عَلَى مُحَمَّدٍ وَآلِهِ، وَاجْعَلْ يَارَبِّ رِزْقَكَ لِي وَاسِعاً وَمَطْلَبَهُ

سَهْلاً وَمَأْخِذَهُ قَرِيباً، وَلَا تُعْنِنِي بِطَلَبِ مَا لَمْ تُقَدِّرْ لِي فِيهِ رِزْقاً، فَإِنَّكَ

غَنِيٌّ عَنِ عَذَابِي وَأَنَا فَفِيرٌ إِلَى رَحْمَتِكَ.

فَصَلِّ عَلَى مُحَمَّدٍ وَآلِهِ وَجُدْ عَلَى عَبْدِكَ بِفَضْلِكَ، إِنَّكَ ذُو فَضْلٍ عَظِيمٍ.

Isha Supplication:

In the name of Allah, the most Gracious, the most Merciful.

O Allah send Your blessings upon Muhammad (pbuh&hf) and his family.

O Allah! Surely, I have no knowledge of the main source of my sustenance; I seek it only through the passing thoughts that come to my heart; I wander in search for it in cities, perplexed in regard to what I search for.

I do not know whether it is in a valley or in the mountains, in the earth or in the heavens, on land or in the sea, in whose hands it is, and who it comes from.

Surely, I know that You have knowledge of it, and its sources are in Your hand; You alone distribute it through Your kindness, and create opportunities for it through Your mercy.

O Allah! Bless Muhammad and his Progeny. O Lord! Increase Your sustenance upon me, make my search for it easy, and its source close to me; Do not allow me to strive in search for that which You have not decided for me. Surely, You are in no need to torment me, while I am fully in need of Your mercy.

O Allah! Send Your blessings upon Muhammad and his Progeny and grant Your Graciousness to Your slave; Surely You are the most Generous, the Lord of Great Favor.

PRAYERS (SALAAT)

Prayers are the pillars of faith. Through prayer people establish communication and dialogue with God. It makes one become aware and realize that he or she is not alone in this universe; each person has been created for a legitimate purpose. God created human beings to recognize and appreciate His grace and blessings.

THE NECESSITY OF CONNECTION WITH THE ABSOLUTE

The instinct to worship is an innate aspect of human beings; it is part of their natural disposition (*fitra*). Since the dawn of humanity, civilizations have worshipped the Creator in many different ways. The need for prayer is great, and a deep, strong, innate feeling within people drives them toward the Absolute Power to seek His help and assistance.

Just as the body needs food to survive and grow, so does the soul. The food of the soul is prayer. In order for people to receive their necessary spiritual nourishment, and to maintain a strong connection with God, Islam instructs Muslims to pray at five particular times during the day. For example, the Quran states:

Establish regular prayers from mid-day till the darkness of the night, and recite the Quran in the early dawn; verily, the recitation of the Quran in the early dawn is an act witnessed. (17:78)

Islam has set five prescribed forms of prayers that must be completed everyday at specific times. All the daily prayers consist of recitations from the Quran and various bodily movements (prostrations).

People offer their prayers to God for many reasons; the first being the grandeur of the Creator. When one ponders and reflects upon the nature of the universe, and all the diverse and intricate matters that keep life in harmony, one would automatically conclude the existence of a mightier power—God. The Quran states:

Truly, in the creation of the heavens and the earth, and the succession of night and day, there are signs for all who are endowed with insight, and who remember Allah standing and sitting and lying on their sides, and contemplate creation of the heavens and the earth, [saying]: “Our Lord, You have not created this without meaning and purpose, limitless are You in Your subtle Glory!” (3:190-191)

When a Muslim prays, he or she is acknowledging the grandeur of God. Prayer is a serene and uninterrupted time of communicating and building a relationship with one’s Creator. The recitation of the Islamic prayers encompasses a complete mental and spiritual concentration. It is a commitment not to leave the prayers aside. Those believers who establish prayers and show their devotion through them have mastered one of the foremost qualities of reverence toward God:

Successful are the believers—those who offer their prayers with humility and submissiveness...and those who guard their five compulsory prayers. These are indeed the inheritors who shall inherit Paradise and abide forever therein. (23:1-2, 23:9-11)

Prayers render moments of reflection and are a reminder of one’s actions throughout the day. Prayers have significant benefits upon an individual, such as discouraging bad actions or seeking forgiveness. The Quran states, **“Truly, prayer restrains from evil and shameful deeds”** (29:45). Prayers keep one’s perspective of life’s ultimate meaning and goal. Imam Ali said, *“If a prayerful person knew to what extent he was surrounded by God’s mercy, he would never raise his head from prostration.”*¹

The need to worship is as strong as the need to eat, and just as the person who lacks proper food will eat anything to put an end to his or her hunger, the person who does not find proper spiritual nutrition will be led to unlawful worshipping such as the worship of animals, fire, stars, art, materialism, or anything else that has no power to aid nor harm anyone. Whether people have a structured religion or not, everyone worships something.

¹ *Gharar al-Hikm*, p.175.

In society, whenever people meet others who they perceive to be of a high rank, such as celebrities, politicians, doctors, and scholars they show considerable respect for them, sometimes, at the expense of their own dignity. If people show this much respect for other human beings (who were also created like them from dust) then how much respect should they show before the Creator whose knowledge, superiority, and grandeur is limitless and eternal? Should they not, at least, stand before Him many times a day and bow in respect and gratitude?

Human beings feel frail in front of God. If they try to act on their own, without the help of their Lord, they will be prone to failure because the source of all power and might is with God. Those who accomplished great feats for humanity—scientists in the laboratory, soldiers in the battlefield, astronauts in space, doctors in the hospital—all sought assistance from their Lord before embarking on their adventures. Alone, human beings are inferior and in need of God. The Quran states:

O mankind! You are the ones who are in need of Allah, but Allah is free from all needs, worthy of praise. If He wanted, He could destroy you and bring about a new creation, and that is not hard for Allah. (35:15-17)

WHEN A SOCIETY CEASES TO PRAY

Forsaking prayer is perilous. The Quran states:

There has succeeded them a posterity who have given up the prayers and followed their lusts, so they will be living lost, in confusion and disarray.... (19:59)

DETAILS OF THE FIVE PRESCRIBED PRAYERS

Preconditions

Times:

1. *The dawn prayer (Fajr)*: This prayer should be done between the time the first ray of light appears in the sky and the time of sunrise.
2. *The noon prayer (Duhr)*: The specific time for this prayer is right after the sun passes over its noon position. However, it can be done up until sunset.
3. *The afternoon prayer (Asr)*: This prayer can be done any time after the noon prayer and before sunset.

4. *The sunset prayer (Maghrib)*: This prayer should be done after the sun sets at the time when the redness on the eastern horizon disappears (15 minutes after the actual sunset as a precaution. Yet, it can be done up until midnight.
5. *The night prayer (Isha)*: This prayer can be done any time after the sunset prayer and before midnight.

Direction (al-qiblah):

During prayer, all Muslims must face the Kabah, the House of God, built by Prophet Abraham and his son Ishmael. The Kabah is located in the city of Makkah, in the Arabian Peninsula (Middle East). One way to determine the precise direction of prayer (called *al-qiblah*) is to use a compass. In North America, Muslims face northeast to locate the shortest path to Makkah.

Place:

The place where a person is going to recite his or her prayer should either belong to that person or that person must have permission to pray in that area unless the place is public. The spot where the forehead touches the ground should be clean (*tahir*), and prostration must be done on earth or inedible plants (including paper or wood).

Purity of the body:

Just as the soul must be pure, concentrated, and calm before the prayers, the body must also be free from impurities. Certain items are considered ritually impure and must be avoided, removed, or purified before the prayers. A specified washing (*wudhu*) must also be done before the prayers:

O you, who believe, when you intend to offer prayers, wash your faces and your hands from the elbows to the fingertips. Rub [with wet hands] your heads and your feet up to the ankles, and if you are in a state of sexual impurity [jenaba], purify yourself [by bathing your entire body]. (5:6)

If water is unavailable, dust may be used out of necessity. The Quran explains:

But if you are ill or on a journey and you come from the call of nature or have been in sexual contact with women and do not find water, then take clean sand and rub your faces and your hands. Allah does not want to place you in any

difficulty, but He wants to purify you and to complete His favor on you that you may be thankful. (5:6)

Clothing:

During prayer, a man must wear enough clothing to cover his body, and a woman must cover her entire body (including the head and hair), except for the face and hands. Clothing worn during prayer must be clean and lawfully obtained; it must not be stolen or borrowed without permission.

The call to prayer (*adhaan*)²:

The call for prayer is highly recommended and is one of the distinguishing emblems of the Islamic faith. The call to prayer consists of two parts: the *adhaan* and the *iqaama*.

The person reciting the *adhaan* should stand facing the direction of prayer and say:

Allahu akbar.

Allah is the Greatest (4 times).

Ashhadu an laa ilaaha illa Allah.

I testify that there is no Allah but Allah (2 times).

Ashhadu anna Muhammadan-rasul Allah.

I testify that Muhammad is the Messenger of Allah (2 times).

Ashhadu anna Alian walu'u Allah

I testify that Ali is the friend of Allah (2 times).³

Hayya 'alaa as-salaah.

Hasten to prayer (2 times).

Hayya 'alaa al-falaah.

Hasten to success (2 times).

Hayya 'alaa khayr al-'amal.

Hasten to the best of deeds (2 times).

² For audio of the Adhaan and Prayer, visit www.iecoc.org.

³ This part is recommended not mandatory.

Allahu akbar.

Allah is the Greatest (2 times).

Laa ilaaha illa Allah.

There is no Allah but Allah (2 times).

The *iqama* should be said immediately before the prayer. It is identical to the *adhaan* with three exceptions:

1. The initial phrase, “*Allahu akbar*,” is only said twice.
2. The final phrase, “*La ilaaha illa Allah*,” is only said once.
3. The phrase “*Qad qaamat as-salaah*” which means “prayer is being offered” should be said twice; it should be inserted after “*Hayya ‘alaa khayr al-‘amal*” which is repeated twice as well.

The prayers:

Each of the prayers consists of a specific number of units (*rakat*). The dawn prayer has two units, the noon and afternoon prayers have four units, the sunset prayer has three units, and the night prayer has four units. The simplest prayer to learn is the two-unit dawn prayer, which will be described here.

Once all of the preconditions above have been fulfilled, and the person intending to offer the prayer is facing the proper direction (*qiblah*), and a sincere intention has been made for that particular prayer (in this case the dawn prayer), then the prayer may be begun.

The hands should be placed behind the ears (as shown in photo 1) and the following said:

Allahu akbar.

Allah is The Greatest.



Photo 1: Takbeer

Then the *Qiyam*:



Photo 2: Qiyam

The first chapter of the Quran (*al-Fatiha*) must be recited:

Bismillah ar-Rahman ar-Rahim.

In the name of Allah, the most Merciful, the most Compassionate.

Al-hamdu lillaahi Rabb al'alamain.

Praise be to Allah, the Lord of the worlds.

Ar-Rahman ar-Rahim.

The Merciful, the Compassionate.

Maaliki Yawm-id-Din.

Master of the Day of Judgment.

Iyyaaka na'budu wa iyyaaka nasta'in.

You alone do we worship, and from You alone do we seek help.

*Ihdina-s-siraat al-mustaqim,
Siraat alladhina an'amta 'alayhim,
ghayr al-maghdubi 'alayhim,
wa laa adh-dhaalim.*

Guide us the straight path,
The path of those whom You have blessed,
not of those on whom is Your wrath,
nor of those who have gone astray.

Next, another full chapter of the Quran must be recited. The example given below is the chapter entitled, "The Oneness of Allah":⁴

Bismillah al-Rahman al-Rahim.

In the name of Allah, the most Merciful, the most Compassionate.

*Qul huwa Allahu Ahad,
Allahu-s-samad,
Lam yalid wa lam yulad,
Wa lam yakun lahu kufwaan Ahad.*

Say, He is Allah, the One,
Allah, the Eternal,
He begets not, nor was He begotten,
and there is nothing comparable to Him.

At this point, "Allahu akbar" should be said and the person should bow, placing the hands on the knees and keeping the back straight. While bowing, the following should be recited:

Subhaana Rabbi al-Athim wa bihamdih.

Glory be to my Lord, the Great, and praise be to Him.

⁴ *Al-Tawhid*, c.112.



Photo 3: Ruku (bowing)

Then, while resuming the standing position, the following should be said:

Sami'a Allahu liman hamidah.

Allah hears the one who praises Him.

*Note: after this step - in the 2nd Raka – it is recommended to do “Qunout” supplication. See photo 4:



Photo 4: Qunout

Then, “*Allahu akbar*” is said, and the person does prostration (*sujud*) on the ground. In *sujud*, the forehead, palms of the hands, knees, and tips of the toes must all touch the ground (as shown in the photos 5 and 6).

The following must be said one or three times:

Subhaana Rabbi al-a’laa wa bihamdih.

Glory be to my Exalted Lord, and praise be to Him.



Photo 5: Sujud (prostration)



Photo 6

“*Allahu akbar*” should be said, and the person should sit up on his or her knees and say:

Astaghfirullaaha Rabbi wa atubu ilayh.

I seek forgiveness of Allah, my Lord, and I turn toward Him.

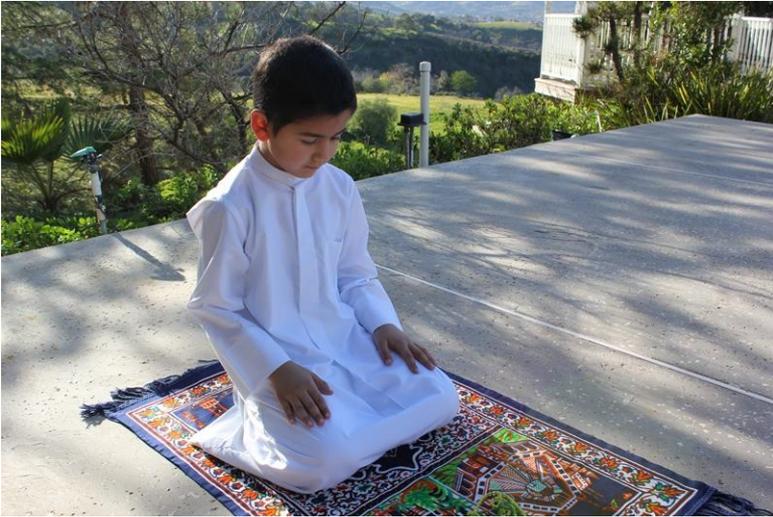


Photo 7

Again, “*Allahu akbar*” should be said and *sujud* repeated. Then, the person should stand up and repeat the same process (e.g. recite the first chapter of the Quran; recite another chapter of the Quran; bow; and do the two *sujuds*).

Finally, sitting on the knees (as shown in photo 7), the following must be said:

*Ashhadu an laa ilaaha illa Allah,
wahdahu la sharikalah,
wa ashhadu anna Muhammadan, abduhu warasuluh.*

I testify that there is no god but Allah,
alone without associate,
and that Muhammad is His servant and messenger.

Allahumma salli 'alaa Muhammadin wa aal-i Muhammad.
O Allah, bless Muhammad and the family of Muhammad.

Assalaamu 'alayka ayyuha an-nabiy,
wa rahmatullahi wa barakaatuhu.
Peace be upon you O Prophet,
and the mercy of Allah and His blessings.

Assalaamu 'alayna,
wa 'alaa 'ibaad allahi-s-saalihin.
Peace be upon us,
and upon all the righteous Servants of Allah.

Assalaamu 'alaykum wa rahmatullahi,
wa barakaatuhu.
Peace be upon you, and the mercy of Allah,
and His blessings.

It is recommended that “*Allahu akbar*” be said three times by raising each hand to each side of the face. This action concludes the two-unit prayer. It may then be followed by supplications or other recitations.

أدعية الأيام

WEEKDAY SUPPLICATIONS

دعاء يوم الاثنين:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ
الْحَمْدُ لِلَّهِ الَّذِي لَمْ يُشْهَدْ أَحَدًا حِينَ فَطَرَ السَّمَوَاتِ وَالْأَرْضَ
وَلَا اتَّخَذَ مُعِينًا حِينَ بَرَأَ النَّسَمَاتِ. لَمْ يُشَارَكَ فِي الْإِلَهِيَّةِ وَلَمْ يُظَاهَرْ فِي
الْوَحْدَانِيَّةِ.

كَلَّتِ الْأَلْسُنُ عَنْ غَايَةِ صِفَتِهِ وَالْعُقُولُ عَنْ كُنْهِ مَعْرِفَتِهِ وَتَوَاضَعَتِ
الْجَبَابِرَةُ لِهَيْبَتِهِ وَغَنَّتِ الْوُجُوهُ لِخَشْيَتِهِ وَانْقَادَ كُلُّ عَظِيمٍ لِعَظَمَتِهِ.
فَلَاكَ الْحَمْدُ مُتَوَاتِرًا مُتَسِقًا وَمُتَوَالِيًا مُسْتَوْسِقًا وَصَلَوَاتُهُ عَلَى رَسُولِهِ أَبَدًا
وَسَلَامُهُ دَائِمًا سَرْمَدًا.

اللَّهُمَّ اجْعَلْ أَوَّلَ يَوْمِي هَذَا صَلَاحًا وَأَوْسَطُهُ فَلَاحًا وَآخِرُهُ نَجَاحًا وَأَعُوذُ
بِكَ مِنْ يَوْمٍ أَوَّلُهُ فَرْعٌ وَأَوْسَطُهُ جَزَعٌ وَآخِرُهُ وَجَعٌ.
اللَّهُمَّ إِنِّي أَسْتَغْفِرُكَ لِكُلِّ نَذْرٍ نَذَرْتُهُ وَكُلِّ وَعْدٍ وَعَدْتُهُ وَكُلِّ عَهْدٍ عَاهَدْتُهُ
ثُمَّ لَمْ أَفِ بِهِ وَأَسْأَلُكَ فِي مَظَالِمِ عِبَادِكَ عِنْدِي فَأَيُّمَا عَبْدٍ مِنْ عِبِيدِكَ أَوْ
أَمَةٍ مِنْ إِمَائِكَ كَانَتْ لَهُ قَبْلِي مَظْلَمَةٌ ظَلَمْتُهَا إِيَّاهُ فِي نَفْسِهِ أَوْ فِي عَرْضِهِ
أَوْ فِي مَالِهِ أَوْ فِي أَهْلِهِ وَوَلَدِهِ أَوْ غِيبَةً اغْتَبْتُهُ بِهَا أَوْ تَحَامُلٌ عَلَيْهِ بِمِثْلِ أَوْ
هُوَى أَوْ أَنْفَةٍ أَوْ حَمِيَّةٍ أَوْ رِيَاءٍ أَوْ عَصَبِيَّةٍ غَائِبًا كَانَ أَوْ شَاهِدًا وَحَيًّا كَانَ
أَوْ مَيِّتًا فَقَصُرَتْ يَدِي وَضَاقَ وَسْعِي عَنْ رَدِّهَا إِلَيْهِ وَالتَّحَلُّلِ مِنْهُ فَأَسْأَلُكَ
يَا مَنْ يَمْلِكُ الْحَاجَاتِ وَهِيَ مُسْتَجِيبَةٌ لِمَشِيئَتِهِ وَمُسْرِعَةٌ إِلَى إِرَادَتِهِ أَنْ
تُصَلِّيَ عَلَيَّ مُحَمَّدًا وَعَلَى مُحَمَّدٍ وَأَنْ تُرْضِيَهُ عَنِّي بِمَا شِئْتَ وَتَهَبَ لِي مِنْ
عِنْدِكَ رَحْمَةً إِنَّهُ لَا تَنْقُصُكَ الْمَغْفِرَةُ وَلَا تُضْرُكَ الْمَوْهَبَةُ يَا أَرْحَمَ
الرَّاحِمِينَ.

اللَّهُمَّ أَوْلِنِي فِي كُلِّ يَوْمٍ اثْنَيْنِ نِعَمَتَيْنِ مِنْكَ اثْنَتَيْنِ سَعَادَةٍ فِي أَوَّلِهِ
بِطَاعَتِكَ وَنِعْمَةٍ فِي آخِرِهِ بِمَغْفِرَتِكَ يَا مَنْ هُوَ الْإِلَهُ وَلَا يَغْفِرُ الذُّنُوبَ
سِوَاهُ بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ.

Monday Supplication:

In the name of Allah, the most Gracious, the most Merciful.

O Allah send Your blessings upon Muhammad (pbuh&hf) and his family.

Praise be to Allah, Who allowed none to witness the creation of the heavens and the earth, and Who took no helper when He authored the spirits! He has no associate in His Divinity, and no support in His Unity. Tongues fall silent in describing Him, intellects fail in recognizing His Essence, tyrants fall low in awe of Him, faces are humbled in fear of Him, and everything mighty yields to His Mightiness!

To You belongs praise – again and again – well-measured, continually, and methodically!

May His blessings be upon His Messenger endlessly, and His salutations (be upon him) everlastingly and eternally!

O Allah! Make the beginning of my day righteous, its middle prosperous, and its end successful! I seek refuge in You from a day whose beginning is fright, whose middle is anxiety, and whose end is pain!

O Allah! I seek forgiveness from You for every vow that I have vowed, every promise that I have made, and every pledge that I have pledged, and then failed to uphold to You.

I ask You concerning the complaints of Your servants against me: If there is a servant from among Your servants who has a complaint against me because I have wronged him in respect to himself, his reputation, his property, his spouse or his child, or because of evil words I have spoken about him in his absence, or an imposition upon him through inclination, caprice, scorn, zeal, false show, or bigotry – whether he be absent or present, alive or dead – such that I have fallen short and in making restitution to him; I ask You, O He who owns all objects of need – which are granted by His will and hasten to His desire – that You bless Muhammad and the Progeny of Muhammad, and make [the one I have wronged] satisfied with me in the manner that You will, and bestow upon me mercy from You because, indeed, forgiveness and giving do not harm You; O most Merciful of all those who show mercy!

O Allah! Bestow upon me on every Monday two favors from You: the felicity to obey You at its beginning, and the favor of Your forgiveness at its end; O He who is the only God and Whom none other than Him grants forgiveness for sins; O most Merciful!

دعاء يوم الثلاثاء:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

الْحَمْدُ لِلَّهِ وَالْحَمْدُ حَقُّهُ كَمَا يَسْتَحِقُّهُ حَمْدًا كَثِيرًا وَأَعُوذُ بِهِ مِنْ شَرِّ نَفْسِي
إِنَّ النَّفْسَ لِأَمَارَةٌ بِالسُّوءِ إِلَّا مَا رَحِمَ رَبِّي وَأَعُوذُ بِهِ مِنْ شَرِّ الشَّيْطَانِ
الَّذِي يَزِيدُنِي ذَنْبًا إِلَى ذَنْبِي وَاحْتَرِزُ بِهِ مِنْ كُلِّ جَبَّارٍ فَاجِرٍ وَسُلْطَانٍ
جَائِرٍ وَعَدُوِّ قَاهِرٍ.

اللَّهُمَّ اجْعَلْنِي مِنْ جُنْدِكَ فَإِنَّ جُنْدَكَ هُمُ الْغَالِبُونَ وَاجْعَلْنِي مِنْ حِزْبِكَ فَإِنَّ
حِزْبَكَ هُمُ الْمُفْلِحُونَ وَاجْعَلْنِي مِنْ أَوْلِيَائِكَ فَإِنَّ أَوْلِيَاءَكَ لَا خَوْفَ عَلَيْهِمْ
وَلَا هُمْ يَحْزَنُونَ.

اللَّهُمَّ أَصْلِحْ لِي دِينِي فَإِنَّهُ عِصْمَةٌ أَمْرِي وَأَصْلِحْ لِي آخِرَتِي فَإِنَّهَا دَارُ
مَقَرِّي وَآلِيهَا مِنْ مُجَاوِرَةِ اللَّثَامِ مَقَرِّي وَاجْعَلِ الْحَيَاةَ زِيَادَةً لِي فِي كُلِّ
خَيْرٍ وَالْوَفَاةَ رَاحَةً لِي مِنْ كُلِّ شَرٍّ.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ خَاتَمِ النَّبِيِّينَ وَتَمَامِ عِدَّةِ الْمُرْسَلِينَ وَعَلَى آلِهِ
الطَّيِّبِينَ الطَّاهِرِينَ وَأَصْحَابِهِ الْمُتَجَبِّينَ وَهَبْ لِي فِي الثَّلَاثَةِ ثَلَاثًا لَا
تَدْعُ لِي ذَنْبًا إِلَّا غَفَرْتَهُ وَلَا غَمًّا إِلَّا أَذْهَبْتَهُ وَلَا عَدُوًّا إِلَّا دَفَعْتَهُ بِبِسْمِ اللَّهِ
خَيْرِ الْأَسْمَاءِ بِسْمِ اللَّهِ رَبِّ الْأَرْضِ وَالسَّمَاءِ اسْتَدْفِعْ كُلَّ مَكْرُوهِ أَوْلَهُ
سَخَطُهُ وَاسْتَجْلِبْ كُلَّ مَحْبُوبٍ أَوْلَهُ رِضَاهُ فَاخْتِمْ لِي مِنْكَ بِالْغُفْرَانِ يَا
وَلِيَّ الْإِحْسَانِ.

Tuesday Supplication:

In the name of Allah, the most Gracious, the most Merciful.

O Allah send Your blessings upon Muhammad (pbuh&hf) and his family.

All praise is due to Allah, for abundant praise is His right and only He deserves it! I seek refuge in Him from the evil of my soul, for surely, the soul commands to evil – except that which my Lord has mercy upon. I seek refuge in Him from the evil of Satan who adds sins to my sins.

I seek protection in Him from every wicked tyrant, unjust sovereign, and conquering enemy. O Allah! Place me among Your troops, for Your troops are the victors; Place me among Your party, for Your party are prosperous; Place me among Your friends, for Your friends shall have no fear, nor shall they experience sorrow.

O Allah! Set my religion right for me, for it is the preserving tie of my affairs; Set my hereafter right for me, for it is the abode of my permanent residence, and to it I flee from the neighborhood of the wicked;

Increase every good in my life, and ease my death from every evil!

O Allah! Bestow blessings upon Muhammad – the Seal of the Prophets and the completion to the envoys – and upon his Progeny – the good and the pure – and upon his Companions – the distinguished – and give me on Tuesday three things: Leave no sin for me unless You forgive it, no grief unless You take it away, and no enemy unless You repel him! In the name of “In the name of Allah,” the best of the names; In the name of Allah, the Lord of the earth and the heaven; I seek to repulse every hateful thing, the first of which is His anger, and I seek to attract every lovable thing, the first of which is His good pleasure!

Bestow upon me Your forgiveness, O Patron of Beneficence!

دعاء يوم الاربعاء:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

الْحَمْدُ لِلَّهِ الَّذِي جَعَلَ اللَّيْلَ لِبَاساً وَالنَّوْمَ سُبَاتاً وَجَعَلَ النَّهَارَ نُشُوراً
لَكَ الْحَمْدُ أَنْ بَعَثْتَنِي مِنْ مَرْقَدِي وَلَوْ شِئْتَ جَعَلْتَهُ سَرْمَداً حَمداً دائماً
لَا يَنْقُطُ أبداً وَلَا يُحْصَى لَهُ الْخَلَائِقُ عَدداً.

اللَّهُمَّ لَكَ الْحَمْدُ أَنْ خَلَقْتَ فَسَوَّيْتَ وَقَدَّرْتَ وَقَضَيْتَ وَأَمَتَّ وَأَحْيَيْتَ
وَأَمَرَضْتَ وَشَفَيْتَ وَعَافَيْتَ وَأَبْلَيْتَ وَعَلَى الْعَرْشِ اسْتَوَيْتَ وَعَلَى الْمُلْكِ
اِحْتَوَيْتَ أَدْعُوكَ دُعَاءَ مَنْ ضَعُفَتْ وَسِيلَتُهُ وَانْقَطَعَتْ حِيلَتُهُ وَاقْتَرَبَ أَجَلُهُ
وَتَدَانِي فِي الدُّنْيَا أَمَلُهُ وَاشْتَدَّتْ إِلَيَّ رَحْمَتُكَ فَافْتَهُ وَعَظُمَتْ لِتَفْرِيطِهِ
حَسْرَتُهُ وَكَثُرَتْ زَلَّتُهُ وَعَثْرَتُهُ وَخَلَصَتْ لَوَجْهِكَ تَوْبَتُهُ.

فَصَلِّ عَلَى مُحَمَّدٍ خَاتَمِ النَّبِيِّينَ وَعَلَى أَهْلِ بَيْتِهِ الطَّيِّبِينَ الطَّاهِرِينَ
وَارزُقْنِي شَفَاعَةَ مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَلَا تَحْرِمْنِي صُحْبَتَهُ إِنَّكَ
أَنْتَ أَرْحَمُ الرَّاحِمِينَ.

اللَّهُمَّ اقْضِ لِي فِي الْأَرْبَعَاءِ أَرْبَعاً اجْعَلْ قُوَّتِي فِي طَاعَتِكَ وَنَشَاطِي فِي
عِبَادَتِكَ وَرَغْبَتِي فِي ثَوَابِكَ وَزُهْدِي فِي مَا يُوجِبُ لِي أَلِيمَ عِقَابِكَ
إِنَّكَ لَطِيفٌ لِمَا تَشَاءُ.

Wednesday Supplication:

In the name of Allah, the most Gracious, the most Merciful.

O Allah send Your blessings upon Muhammad (pbuh&hf) and his family.

All praise is due to Allah, Who appointed the night to be a garment, and sleep for rest, and day for rising! To You belongs praise, for You roused me from my sleep, and had You willed, You would have made it everlasting; An endless praise whose number the creatures will never count!

O Allah! To You belongs praise, for You created, fashioned, ordained and decreed, gave death and bestowed life, made sick and healed, made well and afflicted, established the Throne and encompassed the Kingdom!

I beseech You with the supplication of one whose mediation is weak, whose plans have been cut off, whose term has drawn near, whose expectation from this world has shrunk, whose neediness for Your mercy has intensified, whose remorse for his neglect has become great, whose slips and stumbles have become many, and whose repentance is devoted sincerely to You.

Bless Muhammad, the Seal of the Prophets, and his Progeny, the good and the pure, and provide me with the intercession of Muhammad.

O Allah! Bless him and his Progeny, and do not deprive me of his companionship! Surely, You are the most Merciful of all those who show mercy!

O Allah, decree for me on Wednesday four things: Induce me to be strong in obedience to You, to be active in worshipping You, to be desirous for Your reward, and to abstain from that which would make incumbent upon me Your painful punishment! You are gentle to whom You will!

دعاء يوم الخميس:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ
الْحَمْدُ لِلَّهِ الَّذِي أَذْهَبَ اللَّيْلَ مُظْلِمًا بِقُدْرَتِهِ وَجَاءَ بِالنَّهَارِ مُبْصِرًا بِرَحْمَتِهِ
وَكَسَانِي ضِيَاءَهُ وَأَنَا فِي نِعْمَتِهِ.

اللَّهُمَّ فَكَمَا أَبْقَيْتَنِي لَهُ فَأَبْقِنِي لِأَمثَالِهِ وَصَلِّ عَلَى النَّبِيِّ مُحَمَّدٍ وَآلِهِ وَلَا
تَفْجَعْنِي فِيهِ وَفِي غَيْرِهِ مِنَ اللَّيَالِي وَالْأَيَّامِ بِارْتِكَابِ الْمَحَارِمِ وَاكْتِسَابِ
الْمَآثِمِ وَارْزُقْنِي خَيْرَهُ وَخَيْرَ مَا فِيهِ وَخَيْرَ مَا بَعْدَهُ وَاصْرِفْ عَنِّي شَرَّهُ
وَشَرَّ مَا فِيهِ وَشَرَّ مَا بَعْدَهُ.

اللَّهُمَّ إِنِّي بِذِمَّةِ الْإِسْلَامِ أَتَوَسَّلُ إِلَيْكَ وَبِحُرْمَةِ الْقُرْآنِ أَعْتَمِدُ عَلَيْكَ
وَبِمُحَمَّدٍ الْمُصْطَفَى صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ أَسْتَشْفِعُ لَدَيْكَ.
فَاعْرِفِ اللَّهُمَّ ذِمَّتِي الَّتِي رَجَوْتُ بِهَا قِضَاءَ حَاجَتِي يَا أَرْحَمَ الرَّاحِمِينَ.

اللَّهُمَّ اقْضِ لِي فِي الْخَمِيسِ خَمْسًا لَا يَتَسَعُ لَهَا إِلَّا كَرَمُكَ وَلَا يُطِيقُهَا إِلَّا
نِعْمُكَ، سَلَامَةً أَقْوَى بِهَا عَلَى طَاعَتِكَ وَعِبَادَةٍ أَسْتَحِقُّ بِهَا جَزِيلَ مَثُوبَتِكَ
وَسَعَةً فِي الْحَالِ مِنَ الرِّزْقِ الْحَلَالِ وَأَنْ تُؤْمِنَنِي فِي مَوَاقِفِ الْخَوْفِ
بِأَمْنِكَ وَتَجْعَلَنِي مِنْ طَوَارِقِ الْهُمُومِ وَالْغُمُومِ فِي حِصْنِكَ وَصَلِّ عَلَى
مُحَمَّدٍ وَآلِ مُحَمَّدٍ وَاجْعَلْ تَوْسُلِي بِهِ شَافِعًا يَوْمَ الْقِيَامَةِ نَافِعًا إِنَّكَ أَنْتَ
أَرْحَمُ الرَّاحِمِينَ.

Thursday Supplication:

In the name of Allah, the most Gracious, the most Merciful.

O Allah send Your blessings upon Muhammad (pbuh&hf) and his family.

All praise is due to Allah, Who has taken away the dark night by His power and brought the sight-giving day through His mercy; He has clothed me in its brightness and given me its favor.

O Allah! Just as You have spared me for this day, so also spare me for its likes; Bless the Prophet Muhammad and his Progeny, and do not torment me in it and in other nights and days because of my commitment of unlawful acts and immersion in sins; Provide me with its good, the good of all within it, and the good of everything after it; Turn away from me its evil, the evil of all within it, and the evil of everything after it!

O Allah! By the protection of Islam, I seek mediation with You; By the inviolability of the Quran, I rely upon You; By the chosen Muhammad (peace be upon him and his Progeny), I seek intercession with You; Recognize my protective pact by which I hope my need will be granted, O most Merciful of all those who show mercy!

O Allah! Decree for me on Thursday five things, which none but Your generosity embraces and none but Your favors support: health through which I may have the strength to obey You, worship by which I may deserve Your plentiful reward, abundance through lawful provision, that You make me secure in the places of fear through Your security, and place me in Your fortress against worries and sorrows!

Bless Muhammad and his Progeny, and make my mediation for him as an intercessor profitable on the Day of Resurrection! Surely, You are the most Merciful of all those who show mercy!

دعاء يوم الجمعة:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

الْحَمْدُ لِلَّهِ الْأَوَّلِ قَبْلَ الْإِنشَاءِ وَالْإِحْيَاءِ وَالْآخِرِ بَعْدَ فَنَاءِ الْأَشْيَاءِ الْعَلِيمِ
الَّذِي لَا يَنْسَى مَنْ ذَكَرَهُ وَلَا يَنْقُصُ مَنْ شَكَرَهُ وَلَا يَخِيبُ مَنْ دَعَاهُ وَلَا
يَقْطَعُ رَجَاءً مَنْ رَجَاهُ.

اللَّهُمَّ إِنِّي أَشْهَدُكَ وَكَفَى بِكَ شَهِيداً وَأَشْهَدُ جَمِيعَ مَلَائِكَتِكَ وَسُكَّانِ
سَمَوَاتِكَ وَحَمَلَةَ عَرْشِكَ وَمَنْ بَعَثْتَ مِنْ أَنْبِيَائِكَ وَرُسُلِكَ وَأَنْشَأْتَ مِنْ
أَصْنَافِ خَلْقِكَ أَنِّي أَشْهَدُ أَنَّكَ أَنْتَ اللَّهُ لَا إِلَهَ إِلَّا أَنْتَ وَحَدَّكَ لَا شَرِيكَ لَكَ
وَلَا عَدِيلَ وَلَا خُلْفَ لِقَوْلِكَ وَلَا تَبْدِيلَ وَأَنَّ مُحَمَّدًا صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ
عَبْدُكَ وَرَسُولُكَ أَدَى مَا حَمَلْتَهُ إِلَى الْعِبَادِ وَجَاهَدَ فِي اللَّهِ عَزَّ وَجَلَّ حَقَّ
الْجِهَادِ وَأَنَّهُ بَشَرٌ بِمَا هُوَ حَقٌّ مِنَ الثَّوَابِ وَأَنْذَرَ بِمَا هُوَ صِدْقٌ مِنَ
الْعِقَابِ.

اللَّهُمَّ ثَبِّتْنِي عَلَى دِينِكَ مَا أَحْبَبْتَنِي وَلَا تُزِغْ قَلْبِي بَعْدَ إِذْ هَدَيْتَنِي
وَهَبْ لِي مِنْ لَدُنْكَ رَحْمَةً إِنَّكَ أَنْتَ الْوَهَّابُ. صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ
مُحَمَّدٍ وَاجْعَلْنِي مِنْ أَتْبَاعِهِ وَشِيعَتِهِ وَاحْشُرْنِي فِي زُمْرَتِهِ وَوَفَّقْنِي لِأَدَاءِ
فَرَضِ الْجُمُعَاتِ وَمَا أَوْجِبْتَ عَلَيَّ فِيهَا مِنَ الطَّاعَاتِ وَقَسَمْتَ لِأَهْلِهَا مِنَ
الْعَطَاءِ فِي يَوْمِ الْجَزَاءِ إِنَّكَ أَنْتَ الْعَزِيزُ الْحَكِيمُ.

Friday Supplication:

In the name of Allah, the most Gracious, the most Merciful.

O Allah send Your blessings upon Muhammad (pbuh&hf) and his family.

All praise is due to Allah, the First before the bringing forth and giving of life, and the Last after the annihilation of all things; The All-Knowing Who does not forget those who remember Him, who does not decrease those who thank Him, who does not disappoint those who supplicate to Him, and who does not cut off the hope of those who hope in Him!

O Allah! I call You to witness – and You are a sufficient Witness – and I call to witness all of Your angels, the inhabitants of Your heavens, the bearers of Your Throne, Your prophets and Your messengers whom You have sent, and the various kinds of creatures You have brought forth, that I bear witness that You are Allah; There is no god but You – You alone – Who has no associate nor any equal, whose Word has no failing nor any change; And that Muhammad (peace be upon him and his Progeny) is Your servant and Your messenger; He delivered to the servants that which You charged him with, struggled for Allah, gave the good news of reward, and warned of the veracity of punishment.

O Allah! Make me firm in Your religion as long as You keep me alive; make not my heart divert after You have guided me, and bestow Your Mercy upon me; Surely, You are the Sustainer of all; Bless Muhammad and his Progeny, make me one of his followers and partisans, join me with his band, and give me the success of accomplishing the obligatory Friday observances – performing the acts of obedience which You have made incumbent upon me within it – and receiving the bestowal which You have apportioned for its people on the Day of Recompense! Surely, You are the Almighty, the All-Wise!

دعاء يوم السبت:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

بِسْمِ اللَّهِ كَلِمَةُ الْمُعْتَصِمِينَ وَمَقَالَةُ الْمُتَحَرِّزِينَ وَأَعُوذُ بِاللَّهِ تَعَالَى مِنْ جَوْرِ
الْجَائِرِينَ وَكَيْدِ الْحَاسِدِينَ وَبَغْيِ الظَّالِمِينَ وَأَحْمَدُهُ فَوْقَ حَمْدِ الْحَامِدِينَ.

اللَّهُمَّ أَنْتَ الْوَاحِدُ بِلَا شَرِيكَ وَالْمَلِكُ بِلَا تَمْلِكُ لَا تُضَادُّ فِي حُكْمِكَ وَلَا
تُنَازِعُ فِي مُلْكِكَ أَسْأَلُكَ أَنْ تُصَلِّيَ عَلَيَّ مُحَمَّدَ عَبْدِكَ وَرَسُولِكَ وَأَنْ
تُوزِعَنِي مِنْ شُكْرِ نِعْمَاتِكَ مَا تَبْلُغُ بِي غَايَةَ رِضَاكَ وَأَنْ تُعِينَنِي عَلَيَّ
طَاعَتِكَ وَلُزُومِ عِبَادَتِكَ وَاسْتِحْقَاقِ مَثُوبَتِكَ بِلُطْفِ عِنَايَتِكَ وَتَرْحَمَنِي
بِصَدَّقِي عَنِ مَعَاصِيكَ مَا أَحْبَبْتَنِي وَتُؤَفِّقَنِي لِمَا يَنْفَعُنِي مَا أَبْقَيْتَنِي وَأَنْ
تَشْرَحَ بِكِتَابِكَ صَدْرِي وَتَحُطَّ بِتِلَاوَتِهِ وَزُرِّي وَتَمُنَّحَنِي السَّلَامَةَ فِي دِينِي
وَنَفْسِي وَلَا تُوحِشْ بِي أَهْلَ أُنْسِي وَتُتِمَّ إِحْسَانَكَ فِيمَا بَقِيَ مِنْ عُمْرِي كَمَا
أَحْسَنْتَ فِيمَا مَضَى مِنْهُ يَا أَرْحَمَ الرَّاحِمِينَ.

Saturday Supplication:

In the name of Allah, the most Gracious, the most Merciful.

O Allah send Your blessings upon Muhammad (pbuh&hf) and his family.

“In the name of Allah” – the word of those who hold fast to Him and the speech of those who seek His protection; I seek refuge in Allah, Exalted is He, from the injustice of the unjust, the trickery of the enviers, and the oppression of the wrongdoers, and I praise Him beyond the praise of those who praise!

O Allah! You are the One without any partner and the un-appointed King; None opposes Your decree, and none contests You in Your kingdom.

I beseech You to bless Muhammad, Your servant and Your messenger; Inspire me to give thanks for Your favors – a thanksgiving that You take to the utmost limit of Your good pleasure; Help me to obey You, hold fast to worshipping You, and deserve Your reward, through the gentleness of Your assistance. Have mercy upon me, bar me from acts of disobedience to You as long as You keep me alive, give me success in what profits me as long as You spare me, expand my breast through Your Book, lessen my burden through its recitation, bestow upon me health in my religion and my soul, do not estrange my intimates from me, and complete Your beneficence in what is left of my lifetime, just as You have shown beneficence in that which has passed! O most Merciful of all those who show mercy!

دعاء يوم الأحد:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

بِسْمِ اللَّهِ الَّذِي لَا أَرْجُو إِلَّا فَضْلَهُ وَلَا أَخْشَى إِلَّا عَدْلَهُ وَلَا أَعْتَمِدُ إِلَّا قَوْلَهُ
وَلَا أُمْسِكُ إِلَّا بِحَبْلِهِ بِكَ أَسْتَجِيرُ يَا ذَا الْعَفْوِ وَالرِّضْوَانِ مِنَ الظُّلْمِ
وَالْعُدْوَانِ وَمِنْ غَيْرِ الزَّمَانِ وَتَوَاتُرِ الْأَحْزَانِ وَطَوَارِقِ الْحَدَثَانِ وَمِنْ
انْقِضَاءِ الْمُدَّةِ قَبْلَ التَّأَهُبِ وَالْعُدَّةِ وَإِيَّاكَ أَسْتَرْشِدُ لِمَا فِيهِ الصَّلَاحُ
وَالْإِصْلَاحُ وَبِكَ أَسْتَعِينُ فِيمَا يَفْتَرُنُ بِهِ النَّجَاحُ وَالْإِنجَاحُ وَإِيَّاكَ أَرْغَبُ
فِي لِبَاسِ الْعَافِيَةِ وَتَمَامِهَا وَشُمُولِ السَّلَامَةِ وَدَوَامِهَا وَأَعُوذُ بِكَ يَا رَبِّ
مِنْ هَمَزَاتِ الشَّيَاطِينِ وَأَحْتَرِزُ بِسُلْطَانِكَ مِنْ جَوْرِ السَّلَاطِينِ،
فَتَقَبَّلْ مَا كَانَ مِنْ صَلَاتِي وَصَوْمِي وَاجْعَلْ غَدِي وَمَا بَعْدَهُ أَفْضَلَ مِنْ
سَاعَتِي وَيَوْمِي وَأَعِزَّنِي فِي عَشِيرَتِي وَقَوْمِي وَاحْفَظْنِي فِي يَقْتَنِي
وَنَوْمِي فَانْتَ اللَّهُ خَيْرُ حَافِظًا وَأَنْتَ أَرْحَمُ الرَّاحِمِينَ.

اللَّهُمَّ إِنِّي أَبْرَأُ إِلَيْكَ فِي يَوْمِي هَذَا وَمَا بَعْدَهُ مِنَ الْآحَادِ مِنَ الشَّرِكِ
وَالْإِلْحَادِ وَأَخْلِصُ لَكَ دُعَائِي تَعَرُّضًا لِلْإِجَابَةِ وَأَقِيمْ عَلَيَّ طَاعَتِكَ رَجَاءً
لِلْإِثَابَةِ فَصَلِّ عَلَى مُحَمَّدٍ خَيْرِ خَلْقِكَ الدَّاعِي إِلَى حَقِّكَ وَأَعِزَّنِي بِعِزِّكَ
الَّذِي لَا يُضَامُ وَاحْفَظْنِي بِعَيْنِكَ الَّتِي لَا تَنَامُ وَاخْتِمِ بِالْإِنْقِطَاعِ إِلَيْكَ أَمْرِي
وَ بِالْمَغْفِرَةِ عُمْرِي إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ.

Sunday Supplication:

In the name of Allah, the most Gracious, the most Merciful.

O Allah send Your blessings upon Muhammad (pbuh&hf) and his family.

In the name of Allah, from Whom I hope for nothing but bounty, I fear nothing but justice, I rely upon nothing but His word, and I cling to nothing but His rope. I seek sanctuary in You — O Possessor of pardon and good pleasure — from wrong and enmity, from the vicissitudes of time, from the recurrence of sorrows, from the striking of mishaps, and from the expiration of my term before preparation.

I seek guidance from You to that wherein is righteousness and rectitude; I seek help from You in that which is linked to success and favorable response; I desire from You the garment of well-being and its completion, and the bestowal of health and its permanence.

I seek refuge in You, O my Lord, from the evil suggestions of the devils.

I seek protection in Your sovereignty from the injustice of the sovereigns. Accept my past prayers and fasting, make my morrow and what is after it better than my present hour and my day, exalt me in my community and people, and protect me in my waking and sleep, for You are Allah, the best Guardian, and You are the most Merciful of all those who show mercy.

O Allah! I repudiate, before You on this day of mine and on all Sundays that follow it, polytheism and atheism; I devote my supplication sincerely to You, I observe the acts of obedience to You for hope of gaining Your rewards. Bless Muhammad, the best of Your creation and the caller to Your truth, and fortify me with Your Almightyness, protect me with Your Eye which never sleeps, and seal my affairs by acting devoutly to You, and my life with forgiveness!

Surely, You are the All-Forgiving, the All-Compassionate!

ISLAMIC LAWS

Doubts that can be remedied and do not invalidate the Prayers:

If you have doubts in the number of Rakahs you have performed in the noon, afternoon, and night prayers there are a number of circumstances as follows:

Type of Doubt	The Ruling
Doubt whether you have performed two or three Rakahs, after you have completed the obligatory recitation of the second prostration.	You assume that it is your third Rakah, and proceed to your fourth Rakah. After you have recited the salutations and completed the prayer, you immediately perform one Rakah prayer while standing; by reciting the Takbeer, then reciting Surah-Fatihah only quietly, followed by the bowing and the two prostrations, and the testimonies and the salutations.
Doubt whether you are in your third or fourth Rakah, in whatever position you may be in.	You assume that it is your fourth Rakah. After you have recited the salutations, you perform one Rakah prayer while standing, as explained above, or two Rakahs prayers while sitting. You recite Surah-Fatiha only quietly and complete the prayer with testimonies and salutations
Doubt whether you have performed two or four Rakahs, after you have completed the obligatory recitation of the second prostration.	You assume that you have prayed four Rakahs; after you have completed the prayer, you perform two Rakahs prayers while standing.

Type of Doubt	The Ruling
Doubt whether you have performed two, three or four Rakahs, after you have completed the obligatory recitation of the second prostration.	You assume that you have prayed four Rakahs; after you have completed the prayer, you perform two Rakahs prayers while standing and then two Rakahs prayers while sitting.
Doubt whether you have performed four or five Rakahs, after you have completed the obligatory recitation of the second prostration	You assume you have prayed four Rakahs. After you have recited the salutations, perform the prostrations of forgetfulness.

Notes:

How to Perform the Prostrations of Forgetfulness (Sujdoodul-Sahw)

With the intention, you go to the prostration position directly after prayers without Takbeer, and you recite: “Bismillahi wa Billah. Assalamu Alaika Ayyuh an-Nabiyyu wa Rahmatullahi wa Barakatuh.” Then raise your head from prostration and sit. Then go to prostration again and repeat the same phrase. Then sit up again and recite the testimonies and salutations.

Notes:

1. Apart from the circumstances outlined above, other doubts in regards to the number of Rakahs perform will cause the prayer to be voided.
2. It is not obligatory to remedy the doubts as explained above. It is permissible to break the prayer and to repeat it again.
3. Doubts that occur in sunset prayer and prayers of two Rakahs, such as Morning Prayer, in regards to the number of Rakahs performed, will cause the prayer to become void.
4. By doubt we mean that each of the possibilities has equal probability and you cannot decide from them. But if you dont have such a doubt, and you believe that one option has a greater probability, you should act on this belief.

For example, if you have forgotten whether you are in the first or second Rakah but believe that it is more probable that you in the first Rakah, then you should assume that you are in the first Rakah.

Some Doubts Which Should Be Ignored:

1. Doubts about whether an obligatory part of prayer has been performed or not, and you have moved on to another part whereby you can't perform the doubted part of prayer. For example, while in prostration you doubt whether you performed the bowing or not.
2. Doubts about the correctness of the prayer after you have completed it.
3. Doubts about whether you have performed a prayer or not, after the time of that prayer has passed.
4. Doubts of those who doubt too much.

GHUSL (RITUAL BATH)

An individual is required to perform Ghusl when s/he lost the Taharah of the body by being subjected to the following five occurrences:

1. Janabah: The state of Janabah occurs after the release of semen, or with sexual intercourse if the foreskin part of the genitals has penetrated fully, even if the semen is not released. In the latter case Janabah occurs for both parties.
2. Menstruation: It takes place with the discharge of blood during the monthly menses.
3. Nifas: It takes place when the womb discharges blood of childbirth during it or after it.
4. Major and medium Istihadah: Istihadah happens when the womb releases blood that is not that of menstruation, Nifas, wound, ulceration or the one that is the result of the loss of virginity.
5. Touching of a corpse: This is when one touches a dead human body after it becomes cold and before it is bathed.

How to Perform Ghusl:

Intend to perform the ghusl – as you would for wudhu as explained above – and wash your body.

Ghusl can be performed in two ways:

A. Sequential: Firstly, the entire head and neck is washed, then the right side of the rest of the body, then the left side. It is also sufficient in this kind of Ghusl to wash the head first then the entire remaining body, if you want. Do not forget to wash the ears from inside and outside.

B. Immersion: The entire is submerged in the water in one go in such a way that the entire body is washed during such submergence.

Note: it is not a condition in Ghusl to wash the hair but having the water reach the skin under it.

The Conditions of Ghusl:

The Ghusl is conditioned with the same conditions of Wudhu like the sincere attention, not performing the Ghusl in a prohibited way, carrying it out by oneself, the purity of water, and the removal of the any barrier from the body, in addition to the condition of sequence which is applicable in the sequential method of Ghusl, and not in the Immersion method. However, it is not a condition to have the Ghusl done in succession. Unlike the Wudhu, one can have gaps in between the parts of the Ghusl.

Notes:

1. Kinds of Ghusl that are proven in the religion compensate for the Wudhu, whether they are obligatory - like, the Ghusl for Janabah, menstruation, Istihadha, etc. – or recommended like, the Ghusl on Friday, the one for the Eid, the one for the Ihram during pilgrimage.
2. If there were more than one reason to perform the Ghusl i.e. more than one Ghusl is required, it is sufficient to perform one to compensate for all of them.

WUDHU & TAYAMMUM

How to perform Wudhu (Ablution):

1. Intention: it's the intention to seek closeness to Almighty Allah (swt).
2. Washing the face: starting by washing the face from the top of the forehead, i.e. the hairline to the end of the chin vertically and what falls underneath the thumb and the middle finger of the outstretched hand horizontally.



Photo 8

3. Washing the hands: wash your hands from the elbow to the fingertips; starting with the right hand from the top of the elbow down to the end of the fingers.



Photo 9



Photo 10

***Note that it is not correct to wash from the bottom to the top, and doing so makes the *Wudhu* void.**

4. Wiping the head: wipe the front part of your head which starts from the top of the head to the hairline above the forehead. Note that It is not obligatory to wipe the front part of the head perfectly. It is sufficient to wipe one finger.



Photo 11



Photo 12



Photo 13

How to perform *Tayammum* (Ablution by Earth):

1. Intention: it's to do the *Tayammum* to seek closeness to Almighty Allah (swt).
2. Strike the earth (soil, sand, stone, gravel or soft rock) at once with the palms of both hands at once. It is not sufficient to place the hands on earth without actually striking it.



Photo 14

3. Wipe over the forehead with the inside of the hands together. The forehead is defined to be the area between the hairline at the top, the bones of eyebrows at the bottom and the temples on the sides. It is essential to start wiping from the top.



Photo 15

4. Wipe over the back of the right hand with the palm of the left, starting from the wrist to the fingertips.



Photo 16

5. Wipe over the back of the hand with the palm of the right, beginning with the wrist to the fingertips.



Photo 17

Note: it is essential to remove all the barriers that prevent the earth from reaching the body, such as your ring.

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- ❖ **Islamic Cultural Center of Fresno**
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- ❖ **El-Hussein Community Center**
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- ❖ **Al-Hadi Islamic School**
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- ❖ **Bab-ul-Ilm**
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